

## Counseling Providers in the Amsterdam Area

### **St. Mary's Children's Mental Health Services**

427 Guy Park Ave, Amsterdam, NY 12010

Contact Information:

- Main Hospital Phone: (518) 842-1900
- Emergency Department Phone: (518) 841-7237
- Amsterdam Urgent Care Phone: (518) 773-7710
- Mental Health Hotline and Addiction Crisis Services: (518) 842-9111

### **Children's Mental Health Services**

"The clinic provides outpatient mental health services (diagnosis and treatment) for seriously emotionally disturbed children up to 18 years of age and their families who reside in Fulton, Montgomery and Hamilton counties.

For information regarding the Children's Clinic, call 843-7520."

### **Intensive Case Management C&Y**

"This program is intended to assist seriously and persistently mentally ill clients, under the age of 18 and their families, in gaining access to needed medical, psychiatric, social, and educational services in the community in order to avoid out of home placement. The C&Y Intensive Case Managers work in Montgomery and Fulton County. More information for this program is available by calling (518) 843-7520."

### **School Based Outpatient Services**

"Includes individual and group counseling as well as day treatment services at various school districts in Montgomery and Fulton counties. For specific hours and locations, call the Clinic at (518) 843-7520."

### **CCSI**

"Coordinated Children's Services Initiative is a special program that strives to coordinate specialized assessment and treatment services for children in their homes and communities when several different agencies are involved in their care."

- Accepts Insurance: Yes
  - Verify that the person you see is not an independent practitioner with different rules regarding insurance.
  - Financial assistance programs are available.

### **St. Mary's Adult Mental Health Services**

427 Guy Park Ave, Amsterdam, NY 12010

Contact Information:

- Main Hospital Phone: (518) 842-1900
- Emergency Department Phone: (518) 841-7237
- Amsterdam Urgent Care Phone: (518) 773-7710
- Mental Health Hotline and Addiction Crisis Services: (518) 842-9111



### **Emergency Services**

“Provides 24 hour contact with mental health services, including emergency telephone counseling: call 842-9111. Other services include in-person evaluations, intervention and assessment.”

### **Inpatient Psychiatric Care**

“The Mental Health Inpatient Unit (St. Dymphna Hall) is located on the third floor of St. Mary's Hospital. The goal is to provide short-term, comprehensive, individualized care designed to mobilize a person's resources and enable them to cope with current crises. Normal visiting hours for this Unit are 3:00 p.m. - 7:00 p.m. Some restrictions may apply. Call 841-7333.”

### **Adult Mental Health Clinic**

“The Adult Mental Health Clinic is located at 427 Guy Park Avenue in Amsterdam, New York. The clinic provides outpatient mental health services (diagnosis and treatment) to adults 18 years of age and older who reside in Montgomery County. Appointments are available Monday through Friday. Evening appointments may be available upon request. Contact the Clinic at (518) 841-7341.”

### **Mobile Geriatric Outreach Program**

“This program addresses the needs of the elderly mentally ill residing in Montgomery and Fulton counties. Staff provide education and consultation to service providers and mental health assessment and referral to individuals. For information call (518) 841-7462.”

### **Case Management, Supportive Case Management, and Intensive Case Management Services**

“Working as client advocates, Case Managers support adult clients in Fulton, Montgomery, and Hamilton counties by linking them with needed medical, psychiatric, social, and educational services. For information on Adult Case Management services call (518) 841-7466.”

### **Family Care Program**

“The Family Care Program provides 24-hour supervised family-like housing and associated supportive services needed for community living. To inquire about this program, call (518) 770-6824.”

### **Social Club Program (N.E.W. Frontiers)**

“Provides a unique day program which fosters the development of self through involvement in a "club-like" setting. The Club has 2 sites - N.E.W. Frontiers West is located at 8 River Road in Nelliston; and N.E.W. Frontiers North is located at 73 North Main Street in Gloversville. For additional information about this program and specific hours of operation at each site, call (518) 773-8727 or (518) 841-3698.”



**Union Counseling Behavioral Health Center (A bit more out of the way)**

Different Office Addresses:

- Schenectady: 1311 Union St, Schenectady, NY 12308
- Malta: 5 Hemphill Pl Suite 121, Malta, NY 12020

Contact Information:

- Schenectady Phone: (518) 374-6263
- Schenectady Fax: (518) 374-1778
- Malta Phone: (518) 289-5072
- Malta Fax: (518) 289-5225
- Email: Space is available on the website to send a message and leave your email.
- Website: <https://www.unionstreetcounseling.com>
- Accepts Insurance: Yes
- Works with all ages.