

VIRTUAL COUNSELING

AT-HOME, VIRTUAL SOLUTIONS

Students and families are facing more uncertainty than ever and may need additional support. Whether you have counselors on staff or not, we understand your school(s) may not be able to meet these demands alone. While we firmly believe that nothing can replace face-to-face interaction, virtual counseling can prove to be a vital alternative for students during times of disruption to their typical environment.

Help Students Cope With Challenges

Our credentialed, master's level counselors can provide live, one-on-one or small group virtual counseling to students with behavioral, academic, social and emotional challenges that are interfering with their academic achievement. We focus on addressing these challenges by building compensatory skills.

Support Families

Virtual check-ins and family workshops provide additional support to families.

Let Us Do The Heavy Lifting, So You Don't Have To

We have the experience and expertise to effectively manage the counseling services we provide. We handle all the details, complete all necessary paperwork, and ensure compliance.

National Team Of Trauma-Informed Counselors

Many of our counselors have been extensively trained in Cognitive Behavioral Intervention for Trauma in Schools, designed to provide peer and parent support during times of trauma.



**200+ Credentialed,
Master's Level Counselors**



**Monthly Counseling
Community calls to share
best practices**

FLEXIBLE COMMUNICATION PLATFORMS

We can work with any technology available to the student including:



PHONE

Call or
Video



SMARTPHONE APP

Ex: Zoom or
WhatsApp



COMPUTER

Ex: Zoom, Skype,
Google Hangout



Maintain Confidentiality And Privacy

We hold our counselors to the same strict standards and adherence to confidentiality and privacy in the virtual world as we do in a traditional school setting. Additional measures taken in the virtual setting include:

- All communication is restricted to Catapult Learning issued online platforms and email
- Counselors must conduct virtual counseling sessions in a quiet and private space
- Counselors must wear earbuds or headphones to further ensure privacy
- Students are encouraged to situate themselves in an environment conducive to the session, e.g. a quiet, private location